



## Serving Lehigh Valley Homes and Businesses Since 1929

Fuel Oil
 Propane
 HVAC – Residential & Commercial
 Whole-House Generators

DEITER BROS!
HEATING • COOLING • ENERGY
Just Right.

610-868-8566 www.dbrothers.com Who's 2018 Who Lehigh Valley

tor Reg #PA736 NJ HIC# 13VH04248200

**ISSUE NO. 24** 

We are Thankful of our Readers and Community

**EARLY MAY ISSUE 2018** 

# ATHLETE OF THE MONTH: KEVIN POLLOCK

SPONSORED BY THE BAYOU

# Winning For The Seniors

Christian Jackson
Community Focus | Local Sports
PAGE 5

# The History of A.D. Moyer Lumber

Ron Schock Community Spotlight PAGE 6

Eagles Headed For Big Changes for 2018

> Garry Cobb Feature Story PAGE 9

Your Prayers

Matter

Ron Ball

Faith

PAGE 12



Visit Our Website And View The Latest Digital Issues At www.TownshipObserver.com





DOWNLOAD.

Virtual Doctor Visit 24/7
No Appointment • No Waiting

ConnectWithADoctorNow.org





We are looking for local writers if you're interested contact us at ArticlesBTO@gmail.com

## BROWNING FOR CONGRESS

Conservative **Dean Browning** stands strong with President Trump against illegal immigration.

- ★ Browning chaired the Lehigh Valley Tea Party's Immigration Committee
- ★ Browning has been a leader in the fight against Sanctuary Counties and Cities
- ★ Browning supports building the wall and is opposed to amnesty for illegal immigrants



# CONTRIBUTORS Pat Breslin | Publisher

#### **Contributing Writers**

Christian Jackson Ryan Chadwick Ron Ball Tracey C. Jones Andrew Oliveira TJ Scaeffer Ron Schock Andrew Oliveira St. Luke's

Feature | Guest Writers
Garry Cobb

Graphic | Publication Design ALBE Design LLC

### **INDEX**

Community Focus - 4 - 8, 13

Feature Article - 9

Motivational | Leadership- 10

Health & Wellness - 11

Faith - 12

### **COVER STORY**

Athlete of the Month By TJ Schaeffer Page 4

**Tarrant Booker** 

#### **REACH US**

EM: TownshipObserver@gmail.com
For Advertisement email:
AdvertisementBTO@gmail.com
For Articles email:
ArticlesBTO@gmail.com
WS:TownshipObserver.com

Published By Township Observer LLC\*

\*This newspaper is not an official Bethlehem Township publication.

Bethlehem Twp. 18020, 18045 Distribution 10,000

5,000 Delivered to households

P.O. BOX 3291 Bethlehem, PA 18017 PH: 484-241-9211



# Athlete of the Month: Kevin Pollock

As winter reached its long and enduring end, the sun has come out and the spring season has finally arrived. Athletes have taken their talents to the baseball field, volleyball court, tennis court, and track as the school reaches its close. For Freedom senior long-distance runner Kevin Pollock, he's looking to make some noise as he finishes off his last year representing the black and gold. T.J. Schaeffer talked with Kevin, the BTO's May Athlete of the Month, about his last year on the track.

Q: What you got you into running? How long have you been competing in races? Why do you stick with it?

A: "I have been running since 7th grade, when we were allowed to join cross country in middle school. I did it because my dad ran cross-country in high school, and I had nothing else to do around that time. So I joined it and stuck with it throughout high school, while being very successful."

Q: How have you grown as an person/student through running? How have you balanced school with sports?

A: "It has allowed me to be competitive and also become a better teammate, which has helped out in school with working on projects. I work hard, and I have never had an issue balancing school with sports. Running isn't one of those things where practices are hours long, which has allowed it to be less time-consuming then other sports."

Q: What do you believe to be your biggest strength as an athlete?

A: "I think it's my competitiveness and how I hate to lose. I don't like to lose to any of my teammates, and I most definitely don't like to lose to any of my opponents. I try to do my best to win every race I can. It all comes down to my passion, dedication, work ethic."

Q: What is most important to you as an athlete? What excites you the most?

A: "The most exciting thing about running is winning a race and excelling/doing well. Making leagues, making districts, getting that personal best time week-to-week, which really pushes you forward."

Q: Who do you make success out to?

A: "I credit my mom and dad. They pushed me the most as an athlete and student. They have kept me going, keep motivating me when I get lazy."

Q: What are your plans post-high school? Do you continue to running in college?

A: "I'm going to Temple University in the fall to study electrical engineering. I don't plan on running Division I, but I thought about joining the track club or the running club there.

Q: What are your goals for this season? Have you accomplished them?

A: "My individual goals were to break 5-minute in the mile race, break 11-minutes in the 2-mile race, and make league and districts in an event. I broke 5 in the mile by running a 4:54, I got 10:59 in the 2-mile, and then I qualified along with 3 others at leagues in the 4X800 meter race where we are ranked 8th out of 18."

Q: What is your advice to young, upcoming runners coming into Freedom High School?

A: "At first, it can be super hard because running is something that you must do with lots of repetitions until you get better. If you just run and don't push yourself, then you won't get better.

## SPONSORED BY THE BAYOU

When you go to practice, you can't just really go half pace. You have to really grind it out, because your muscles will become stronger and your breathing will become easier. It's a lot of sweat and dedication."

#### By TJ Schaeffer





# WINNING IT FOR THE SENIORS

## Freedom Softball Records 6-0 Shutout on Senior Day

softball's four outgoing seniors, the team paid tribute to them on Friday May 4 at home in what was an emotional ceremony. The weather was just as fitting as the mood was, liquid sunshine, as the tears rolled down the faces of the girls as they introduced their favorite seniors, demonstrating that this team is much more than that. Rather, that they are family.

Freedom softball's seniors are Samantha Barton, Maddy Sheffer, Leah Thomas, and Julia Roman, who recently recorded her milestone 100th career hit. Coming into this game with a 12-4 record, leaps and bounds from where they were at this time last year, the Freedom Patriots softball team would take on the Pleasant Valley Bears, whose two seniors also received flowers from the Freedom girls in a classy gesture.

The Freedom Patriots would roll out with the arm of Glorianne Potenza, Pleasant Valley with Janelle Frable. From the start of the game, Freedom made their presence known and took charge. Potenza collecting the first two outs off the first two pitches. She would only throw six pitches in the top on the first inning, not allowing a baserunner. The Patriots would get the bats going early as Taylor Resetar would get Makenzie Smith (who had already reached on a double) to home plate as the Freedom softball team would take an early lead at 1-0 at the end of the first inning.

In the early going, Freedom kept applying the pressure with stout pitching from Potenza, who only allowed one hit through three innings of work. It was still 1-0 heading into the bottom of the third inning, but that's when Freedom would go to work. Corrinn Gill would start the inning off with a double off some heads up baserunning. She would be the first of nine batters for Freedom in the inning.

Gill would then go on to score thanks to the bat of Taylor Resetar, as should would go on to drive in the first two runs of the game. It was a 2-0 Freedom lead, but they weren't done. Maddy Sheffer was up next and would keep the good times rolling, driving in Makenzie Smith, her second run scored of the game to make it 3-0 at that

The cherry on top of a successful inning was when Matison Piripavel would clear the bases of two runners. Samantha Barton would then immediately drive Piripavel in to blow this game wide open at 6-0, a five-run tee off session in the bottom of the third inning. "The girls were hitting the ball much better... we scored a bunch of runs, which is good, and widened the gap from a 1-0 to 6-0 lead," coach Borger said.

While it may not be the official goodbye for Patriots From that point on, Freedom's pitching and stout fielding just took control over the rest of the game. The Freedom Patriots would pay tribute to their group of seniors the best way they could; by delivering a 6-0 shutout victory against the Pleasant Valley Bears as the underclassmen would be the ones who would carry this team to the win.

> Taylor Resetar racked up two RBIs and Makenzie Smith had two runs scored, which were paramount in Freedom's win, but perhaps the most important performance of the day was off the pitching arm of Glorianne Potenza, who pitched all seven innings, only allowing four hits in the shutout victory.

> "Glorianne has come in and done a nice job for us. She's been pitching pretty much all week this week, she's building her confidence up and she's doing a good job. She's hitting her spots and getting ground balls, and we're fielding them, which is a very good thing," coach Borger said.

> The Freedom Patriots softball team has turned over a new leaf compared to last year. After going 7-13 last year in what coach Nora Borger called a "rebuilding" year after losing several key contributors following the 2016 season, the girls find themselves in a much better shape as they now improve to 13-4 to this point in the 2018 season, almost like night and day between this time last year. So, what is so different about this year's squad?

> "We have good leadership... we have some really good underclassmen who are doing a great job for us, a couple freshman, some sophomores who have some experience from last year and we're all doing a good job together," Borger said.

By Christian Jackson







# COMMUNITY SPOTLIGHT

## **A.D Moyer Lumber and Hardware**

A Close Look at One of Bethlehem Twp's Oldest Companies Proudly **Servicing the Community** 

family owned and operated business founded in 1939 on strong family values with fortitude, foresight, honesty, and integrity. Committed to offering higher-quality building materials at a fair price and having the most experienced people on staff. We believe these three factors give you the best overall value that money can buy.

We are one of the oldest privately-owned building materials businesses in the area with employees who average more than 20 years of service with the company specializing in every stage of construction and remodeling, engineering, and design, from foundation to finish, and all of the tools that you need to do the job right... the first time.

A.D. Moyer Lumber is a fourth-generation Our company has long been the leader in supplying Andersen, Simonton, Eagle and Marvin transfers, and much more. windows and doors; Therma-Tru and Larson doors; Trex and Wolf PVC & composite decking, and other building materials in Southeastern Pennsylvania and we didn't get there by accident.

SCHLUTER KERDI STOCK

Our commitment has always been to providing the professional home builder, remodeler and serious DIY'er with the best possible service every time with free delivery, better quality products, the most knowledgeable staff, a diverse fleet of delivery trucks including knuckle boom trucks and Moffett piggy-back forklifts, prompt daily delivery, custom millwork / prehung doors A.D. Moyer Lumber - with locations in / stairways, road sales support, earlier contractor store hours, contractor-exclusive pricing / specials

/ products, huge inventory with daily store to the growth rates and economies of the

In addition to providing the public with all of the information that they need about our company, services and products, our mobilecompliant website provides qualified contractor customers with a secure admin login module where they can update their free business listing on our popular Find-A-Builder search engine, view product pricing for more than 20,000 stock items, access invoices and statements, Lumber and other value-added services.

Gilbertsville, Pottstown, Bethlehem, and Kutztown – continues to be a viable contributor

communities it serves and remains eternally dedicated to providing knowledgeable and reliable service, higher-quality products at a fair price and free delivery, while remaining on the leading edge of incorporating the latest technologies of the industry into its operations.

Ron Schock - A.D. Moyer

# DEALicious!

**Enjoy these great** offers at one of our **Bethlehem locations:** 



## Nazareth Pike -or- Easton Avenue

# **Buy One, Get One**

**Any Signature** Crafted® Sandwich

s. Prices may vary. Not valid with any al. Cash value 1/20 of 1 cent. Limit or Easton Ave & Nazareth Pike McDonald's. Prices may vary. Not valid with any other offer, discount, coupon or combo meal. Cash value 1/20 of 1 cent. Limit one coupon per person per visit. Tax may apply. Price of required purchase posted on menu board. Coupon may not be transferred, auditioned, sold or duplicated in any way or transmitted via electronic media. Valid when product served. May not be valid for custom orders. Void where prohibited. Se 2018 McDonald's



Expires 08/31/18. Valid for product of equal or lesser value. Valid only at **Bethleh Easton Ave & Nazareth Pike McDonald's**. Pricos may vary. Not valid with any other offer, discount, coupon or combo meal. Cash value 1/20 of 1 cent. Limit one coupon per person per visit. Tax may apply. Price of required purchase posted on menu board. Coupon may not be transferred, auctioned, sold or duplicated in any way or transmitted via electronic media. Valid when product served. May not be valid for custom orders. Void where prohibiletd. © 2018 McDonald's

# Large Coffee

with Egg McMuffin® or **Breakfast Platter purchase** 

Expires 08/31/18. Valid only at Bethlehem Easton Ave & Nazareth Pike McDonald's. Prices may vary. Not valid with any other offer, discount, coupon or combo meal. Cash value 1/20 of 1 cent. Limit one coupon per person per visit. Tax may apply. Price of required purchase posted on menu board. Coupon may not be transferred, auctioned, sold or duplicated in any way or transmitted via electronic media. Valid when product served. May not be valid for custom orders. Vold where prohibited. © 2018 McDonald's

# **Buy One, Get One**

Medium Frappé or **Medium Smoothie** 

Expires 08/31/18. Valid for product of equal or lesser value. Valid only at **Bethleh Easton Ave & Nazareth Pike McDonald's**. Prices may vary. Not valid with any
other offer, discount, coupon or combo meal. Cash value 1/20 of 1 cent. Limit one
coupon per person per visit. Tax may apply. Price of required purchase posted on
menu board. Coupon may not be transferred, auctioned, sold or duplicated in any
way or transmitted via electronic media. Valid when product served. May not be
valid for custom orders. Volid where prohibited. © 2018 McDonald's

## Medium Soft Drink and Medium Fries with Big Mac\*, Quarter Pounder

or Filet-O-Fish\* purchase

Expires 08/31/18. Valid only at Bethlehem Easton Ave & Nazareth Pike Expires 08/31/18. Valid only at 18 ethlehem Easton Ave & Nazareth Pike McDona Prices may vary. Not valid with any other offer, discount, coupon or combo meal. C value 1/20 of 1 cent. Limit one coupon per person per visit. Tax may apply. Price of required purchase posted on menu board. Coupon may not be transferred, auction sold or duplicated in any way or transmitted via electronic media. Valid when produ served. May not be valid for custom orders. Void where prohibited. Quarter Pounde sandwich "Weight before cooking is at least 4 oz.© 2018 McDonald's

# **Buy One, Get One**

Any Breakfast **Bagel Sandwich** 

Expires 08/31/18. Valid for product of equal or lesser value. Valid only at **Bethleh** Easton Ave & Nazareth Pike McDonald's. Prices may vary. Not valid with any other offer, discount, coupon or combo meal. Cash value 1/20 of 1 cent. Limit or coupon per person per visit. Tax may apply. Price of required purchase posted on menu board. Coupon may not be transferred, auctioned, sold or duplicated in any way or transmitted via electronic media. Valid when product served. May not be valid for custom orders. Volid where prohibited. © 2018 McDonald's

Limited time only at participating restaurants. Cannot be combined with any other offer or any combo meal. @2018 McDonald's

# 1 Commitment **4** Generations **1 Family 79 Years** Trusted Experts Since 1939



Recognized by Consumer Reports as one of the most leading and innovative products in the industry, and also a long-standing ENERGY STAR® partner, Simonton windows will transform your home from the inside, out. The classic styling of the Reflections® collection complements the architecture and decor of any home.

# **4514 Easton Ave**

Mon - Fri 7:00 - 4:30 (All Locations)

Sat 7:00 - 12:00 (Kutztown Closed)

(610) 367-2036

**GILBERTSVILLE** POTTSTOWN (610) 327-1120

(610) 868-2010

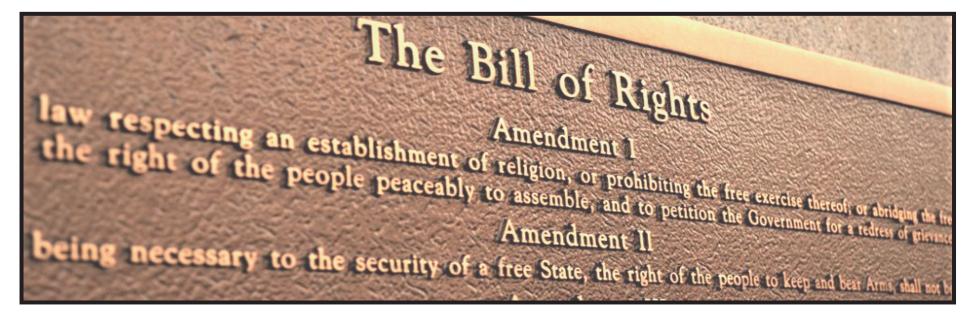
KIIT7TNWN (610) 683-7391





PA2267

# STATING THE FACTS



## LOCAL STUDENT SEEKS TO INSPIRE HIS GENERATION

My name is Andrew Oliveira. I'm a senior at Easton Area High School in Easton, Pennsylvania. Throughout most of my High School life I've been known as the "political junky" of my school. While not that many students take a care into the world of politics, I have been following politics for the past 5 years. I've made sure I can form policy prescriptions on most of the issues our country is dealing with.

With that being said across my school a good number of the student body isn't quite fond of me. Why? Because I'm conservative. In a school that is very left wing I am the most loud political voice yet remain a staunch right winger.

This political voice has reached new heights of the past few months. On March 14th, my school district approved of a walkout to occur regarding the shooting that happened in Parkland, Florida in February. The students that organized this walkout advertised it as a "pro-school safety" walkout. But, with further investigation this couldn't be any more true. This walkout was sponsored by a youth division of the Women's March called Empower. They openly support banning of what they call "Assault Rifles" and the "dismantling" of the NRA.

When students all over the country walked out this interest group claimed all students walking out support their plan. This is one of the most disgusting lies I've ever seen. Using students and lying to them for political gain is the most degrading thing one can do to our youth. Students all over the country that participated in this walkout

weren't walking out for school safety. They were being used as political puppets.

Journal Review, and WAEB 790 the left has ramped up its attacks on me. I've received multiple death threats. I've been screamed at

To make matters worse my school district has approved of another walkout to occur this coming Friday. This same group is promoting it as an "all sides of the aisle walkout." This walkout is staged to be the same end result as the other as another left wing interest group is sponsoring this event.

The interest group is called *indivisible*. On their home page they call themselves "a progressive grassroots network of local groups to resist the Trump Agenda". They advocate gun control measures and they resist the appointments of Pro-Gun federal judges. This group is bound to go out and use our students as propaganda to fuel their agenda. In response to this I've done what needs to be done. I've organized a pro second amendment rally to occur. I fought with the school district for weeks on end seeking approval and even threatened with lawsuits.

The school district caved into the pressure and approved of my rally. The rally is to show the world that my generation isn't a staunch left wing generation. My rally is to educate my classmates as to why the second amendment is important for our country. It's to educate people as to why the second amendment is intended to defend ourselves against our own government.

The rally was approved by the school district to occur at the same date and time as the pro-gun control Walkout. April 20th at 10:30 am and ending at 11:30 am. Although I've received tons of support from classmates in my movement to do this, the people of the "tolerant left" have shown intolerance every minute of their lives. As my story reached multiple news outlets such as Lehigh Valley Live, the Morning Call, WFMZ 69 News, Independent

Journal Review, and WAEB 790 the left has ramped up its attacks on me. I've received multiple death threats. I've been screamed at inside my school. I've been insulted by my own teachers. I've been called numerous things no one would even think of calling a student. I believe my generation is in trouble. We're a weak minded generation. A soft generation.

We're a generation that is more concerned about the feelings of others than our God Given Rights. My generation is stubborn and it's going to take a lot to change their mind. My rally shouldn't be a big news story. It should be one of thousands. I'm hoping this rally can influence conservative students all across the country to stand up, speak loudly, use facts rather than feelings, and influence our culture before it's too late. Before the rights we have disappear and America the Beautiful as we know it is no longer.

Because at the end of the day, when we speak we shouldn't worry about who we offend rather, worry about who we might inspire. To everyone that is reading this article is ask you of one simple thing. Call your school district.

Demand that these walkouts be denied. Don't let our students and youth be used as a propaganda tool. Voice your opinion and stop the left wing indoctrination of our youth. Thank you, God Bless you, God bless our Beautiful Country, and God bless our constitution.

By Andrew Oliveira



## The 2018 Eagles Could Be Better Than Last Year's Super Bowl Champs

Eagles GM Howie Roseman and Player Personnel Director Joe Douglas have just about wrapped up putting together the team that will defend the organization's first Super Bowl title. Once they sign this year's crop of undrafted free agents they will be finished. Let's take a look at the moves they have made starting with the offense.

They signed Super Bowl MVP Nick Foles to an extension for 2018 with an option for 2019. Franchise quarterback Carson Wentz is hard at work recovering from the knee injury from last season and he's ahead of schedule. Foles will be the starter until Wentz gets back to full strength and he plans on being on the field for the season opener versus the Falcons. Nate Sudfeld will continue at his third string backup role.

The Eagles will be deep and talented at the wide position again this season after signing speedy Baltimore Ravens free agent wide receiver Mike Wallace, who will replace Torrey Smith, who was traded to the Panthers for cornerback Daryl Worley, as their number one deep threat opposite Alshon Jeffery and Nelson Agholor. Wallace has a number of thousand yard seasons under his belt and should be able to take the top off of defenses for at least two or three more years. The Birds also recently added veteran free agent wide out Markus Wheaton, who will be battling second-year receivers Mack Hollins and Shelton Gibson for roster spots and playing time.

At the tight end position, the Birds have addressed the release of long-time Eagle Brent Celek and the free agent loss of Trey Burton by drafting the talented South Dakota State tight end Dallas Goedert in the second round. He has great size, hands and route running ability. He's going to need to improve his blocking, but Goedert will immediately be a big red zone target for Carson Wentz. They have also acquired former Green Bay Packers tight end Richard Rodgers, who will work with Pro Bowl tight end Zach Ertz and Goedert to form a talented Birds tight end group. Rodgers is another big target with good hands.

At the running back position, the Birds lost starting running back LeGarrette Blount to free agency when he signed with the Detroit Lions. The running backs returning will be Jay Ajayi, Corey Clement, Darren Sproles and Donnel Pumphrey. I'll be very interested in seeing if Sproles can return to his Pro Bowl form at 34 years age coming off knee and arm injuries.

On the offensive line, left tackle, 36-year old Jason Peters will be trying to return from a knee injury to Pro Bowl form. It sounds impossible at his age, but from what I hear, the future Hall of Famer is ahead of schedule. The rest of last year's offensive line is ready to go with Pro Bowl right tackle Lane Johnson, Pro Bowl right guard Brandon Brooks, Pro Bowl center Jason Kelce, left guard Stefen Wisniewski and left tackle Halapoulivaati Vaitai.

The Eagles added depth to their offensive line by drafting a former TCU teammate of Vaitai, TCU offensive tackle Matt Pryor in the sixth round. He's got great size at 6'7" 338 pounds and is versatile. Pryor will get a shot at either guard or tackle. Versatility is very important for backups on the offensive line.

In the seventh round of this year's draft, the Eagles took a shot. They selected Australian rules soccer phenom Jordan Mailata. He's 6'8" 346 pounds and he's very good athlete, who is amazingly agile for his size. They're expecting to give him a shot at offensive tackle, but the huge rookie could wind up on the offensive or defensive line for the Birds.

As for the defensive line, the first move this offseason was a trade with the Seattle Seahawks, which brought the Eagles three-time Pro Bowl defensive end, Michael Bennett, who will replace Vinny Curry at right defensive end. Curry signed with Tampa Bay. Although, he's 32-years old, Bennett still has that burst around the corner and he's one of the quickest in the league at getting off on the snap of the ball. He can also move inside on third downs and use his quickness against interior offensive linemen to wreak havoc.

In their next move, the Birds signed former Ravens and Lions five-time Pro Bowl defensive tackle Haloti Ngata. The 34-year old veteran will likely start along side Pro Bowler Fletcher Cox because the team's other DT Tim Jernigan will be recovering from offseason back surgery early in the season. Ngata will replace free agent Beau Allen, who signed with the Buccaneers. This massive defensive tackle is a great run stopper and very good at pushing offensive linemen back into the face of quarterbacks on pass plays.

Another addition on the defensive line will be fourth round draft pick Florida State defensive end Josh Sweat, who would have been drafted earlier were it not for a damaged knee, which scared away other clubs. Sweat stands 6'5" and weighs 250 pounds and he's a hard worker, who has an explosive burst around the corner. The young man is talented and passionate about the game of football, but he will struggle to get playing time behind Brandon Graham, Bennett, Derek Barnett, and Chris Long. Sweat could be a steal in the fourth round, if his left knee holds up.

The Eagles also made some moves at the linebacker position by acquiring young, athletic Denver linebacker Corey Nelson as well as the seasoned and versatile Paul Worrilow, who grew up in nearby Wilmington, Delaware. Nelson, who was the lone Broncos linebacker on the field in the dime defense has very good speed and is an outstanding pass defender. Worrilow was a starter for about three years with the Atlanta Falcons and he has started at both the inside and outside linebacker positions. Nelson and Worrilow who are both outstanding special teams players will be making major contributions there and they'll be ready to play if the starters, Nigel Bradham, Jordan Hicks, or Mychal Kendricks go down.

As for the secondary, the Eagles added to their cornerback talent by selecting Pittsburgh's Avonte Maddox in the fourth round of this year's draft. Maddox, who stands 5'9" and weighs 184 pounds is lightning fast. He ran a 4.39 forty-yard dash at this year's NFL Combine. He's also very quick and surprisingly for his size, a very good tackler. They expect him to battle for time at the slot corner position because of his talent and competitiveness. The Birds loss last year's starting slot corner Patrick Robinson to free agency after he signed with the Saints. Eagles cornerback Jalen Mills is expected to be moved inside to take over at the slot corner spot, but Maddox will be given his chances as well.

Most Super Bowl Championship teams struggle with the challenge of pushing themselves through all of those offseason workouts in preparation for the defense of their title. Many times they're distracted by all of the attention, business opportunities and adulation from their fans. Many championship teams make the mistake of continuing to celebrate the title rather than preparing to defend it.

The situation is a bit different for this Eagles squad because quite a few of their leaders and most accomplished players were injured during the 2017 season and therefore unable to play in the playoffs and the Super Bowl. Yes, they got a ring, but they still long for the unforgettable experience of actually playing in and winning the playoffs and the Super Bowl.

Future Hall of Fame left tackle Jason Peters, possible future Hall of Fame running back and punt returner Sproles, standout middle linebacker Hicks, special teams ace Chris Maragos and the Eagles franchise quarterback Wentz are all recovering from injuries. They're each at the Eagles Novacare Complex on a daily basis and they're leading the Birds offseason workouts. Due to this unique situation, there's an abundance of motivation at the Novacare Complex.

From what I hear, the team's conditioning coach has to stop these guys from doing too much in their workouts. Bottomline, the rest of the NFL needs to be put on notice that this year's Eagles squad could wind up being superior to last year's Super Bowl Champs.

By Garry Cobb www.GCobb.com Motivational Speaker Former NFL Player GCobbMedia@gmail.com (856) 673-6282







Virtual Doctor Visit 24/7 No Appointment • No Waiting ConnectWithADoctorNow.org



# MOTIVATIONAL | LEADERSHIP

## YOU SAY YOU WANT A LEADER...BUT ARE YOU WILLING TO BE LED?

In life, we are all leaders. We lead by taking care of obligations such as paying bills, following the laws of the land, taking care of ourselves, and providing for our loved ones. But being a leader and leadership are two very different things. Leadership is a specific form of hope and optimism associated with one's level of confidence in the knowledge, skills, and abilities related to leading others. It can thus be differentiated from confidence in the knowledge, skills, and skills one holds associated with other social roles such as a teacher (i.e., teacher efficacy) or statesman (i.e., political efficacy). In short, leadership cannot happen without the collective followership power of the individuals in the organization. This lynchpin is a critical point many of us miss until much later in our careers and is the prime factor in limiting our success.

General George S. Patton said one of my all-time favorites quotes, "Don't tell people how to do things. Tell them what to do, and they will surprise you with their ingenuity." Those of you who have worked with me know I am not a micro-manager. I am a radial thinker who enjoys seeing the big picture and enlisting top talent to paint the portrait. But there is a key element missing in Patton's quote, which is

wholly understandable because he's a military man. I know from my five years of military schools and 12 years active duty, that when given a direct verbal order, you execute it. The ingenuity comes in the form of how you are going to "git 'er done." You salute smartly and carry on about the work given you. End of discussion.

Life isn't as linear in the civilian sector as it is with our military counterparts. We give employees and team members a great deal of autonomy to increase their personal growth, critical thinking skills, and enhance collaborative engagement. But somewhere along the way we missed emphasizing the one fact they MUST be zeroed in on. They must set aside their personal desired outcomes for the of the desired outcomes of the organization. Their perceived capabilities must match the required abilities defined by the leader.

I recently had several close friends share with me their promising jobs had evaporated. After deconstructing the "official" verbiage of "eliminating your position", it became clear that what my friends were doing on the company's dime was not what the employer was paying them to do. They were doing what they wanted to do, not what the company needed them to do. Was what they were doing illegal or nefarious? No! In fact, they

were exceptional at everything they did. The disconnect laid in the fact that what they were doing was not what their employer was paying them to do.

I know this type of dysfunctional followership well. I perfected it during my years as an employee where I just knew I was smarter than my boss and would focus on what I knew the organization needed rather than where my employer wanted me focused. Be that as it may, that did not give me the authority to pursue goals that were different than those I was given. Unless the goals where are illegal, immoral, or unethical, I had an obligation to obey, yes, even in the civilian world. Submitting to what your employer pays you to do is not creating a hostile work environment or employee harassment; it's business. And pushing back on your leader's direction is noncompliance.

This disregard finds its roots in three main sources: fear, laziness, or pride. In my case, it was pride. And as they say, pride goeth before the fall, or in today's corporate lingo, before the pink slip. And yes, that includes quitting before you get terminated. What good is being married if you won't honor the marital vows? What good is sitting on a board if you won't fulfill the fiduciary rules? What good is going to school if you won't engage and learn? What good is being an employee if you won't follow the direction of your employer? It is your job.

By Tracey C. Jones



# **The Success Attitude**

I was speaking at a business event in England. Amy and I had flown to London and been driven to the function location. It had been a long day and we were tired. We checked into our hotel the night before the convention. We went to bed early but I could not sleep. I dressed and went for a walk and eventually arrived in the hotel lobby. It was a few minutes after midnight. A couple was at the registration desk talking with the night clerk. The couple was angry. The wife complained that when she and her husband had made their reservation they had requested a room in the main hotel building. They were disappointed that upon arrival, they had been assigned a room in a hotel side wing. The clerk politely explained that all the rooms were full and the only one available was the one they had been assigned.

The couple finally calmed themselves and accepted the room. They waited while the clerk left for a moment and I overheard their conversation. The wife said to her husband that she hoped the information at the convention would be helpful. The husband agreed and remarked that they certainly needed the money. She nodded grimly, then the clerk retuned with their keys. I returned to my room and slept until late morning. That night I spoke at the convention to several thousand people. I stayed at the conference to hear the rest of that night's speakers. An hour and a half later I left the backstage speakers room and went down a

walking ahead of me. They did not see me.

As we walked I could hear their conversation. It was the same couple I had seen the night before at the hotel registration desk. They were still angry. I again overheard the wife complaining about the location of their room. She then began to list, for her husband, everything she disliked about the facility that housed the event. As she continued her negative catalogue of complaints, I remembered her comments the night before. I recalled her expressed hope that the information at the event would provide them help they needed. I further remembered the husband's statement that he and his wife "certainly needed" a new business opportunity.

They said they needed "helpful" information but were in the hallway complaining while excellent speakers were delivering practical pointers on business and life success. What they needed was only a few yards away in the auditorium, but their bad attitudes had blocked them from receiving it. We completed the function, toured England for a few days then returned home. A few months later I was scheduled to speak at another large event in Texas. Amy and I had just finished a packed schedule and we arrived at the event hotel the evening before the convention. We again went to bed early and, again I could not sleep. I dressed and walked to the hotel lobby as I had done a few months earlier in England.

When I reached the lobby, a man was at the registration desk to check into his room. The clerk was explaining that there had been a mistake and the man's room reservation had been lost. He apologized and said he was sorry, but the hotel was full and no rooms were available. I knew the man whose room

hallway to a restroom. I rounded a corner and saw a couple reservation had been lost. He was a major business leader who was scheduled to speak at the convention Friday night. He was on the program to be recognized for the high level of achievement he had reached in his business.

> This man's reaction was dramatically different from the reaction of the couple in England. Instead of angry complaints, he responded with courtesy. He thanked the clerk and told him he understood that mistakes happen. Then he left. The next day I saw him at the convention arena. We both were speaking that night. I asked him about his night and he said that he had been unable to find a room so he had slept in his car. He then smiled and said that he had had a great night and was looking forward to speaking. He almost glowed with positive attitude. The contrast between him and the English couple was powerful. It was no surprise that they were struggling with life and finances while he was rapidly climbing the ladder of success. His attitude was the difference.

> Positive attitude should be honored and taught because of its power to lift people above their difficulties. Positive attitude is not a substitute for strong faith in Jesus Christ, but it is a boost to performance that can help anyone do better in life. Do you know any negative people? Do you enjoy working with them? Do you want to be like them? It's always better to be positive. You will do more for God. Your life will be happier, and you will be a better example to other people.

The Bible says in Proverbs 17: 22, "A cheerful heart is good medicine" How's your attitude today?

What are you waiting for? Go out and meet some people.

### By Ron Ball

Go to www.choosegreatness.com

# **Colorectal Cancer Testimonial Rose Dopsovic**

Rose's son was about to enter kindergarten when FACS, St. Luke's Chief of General Surgery at Allentown she was diagnosed with colon cancer at age 34. She was determined to be there for her children – and remains committed to living every day to its fullest.

As a 34-year-old mom of a toddler and a preschooler, it's safe to say colon cancer was one of the furthest things from Rose Dopsovic's mind. Her thoughts were occupied by things like work, getting kids to daycare or preschool, potty training, learning ABCs and getting a healthy meal on the table for a hungry family.

Screening for colon cancer? Not on the radar. She was at a healthy weight, she paid attention to "clean eating," steered clear of processed food and besides, 90 percent of colon cancer cases are in people over 50. Statistically speaking, she should not have been faced with colorectal cancer.

So when Rose started having troubling symptoms, she explained them away with a variety of possible causes. The main symptom, sporadic blood in her stool, became more frequent. In a few weeks, the blood in her stool became a daily occurrence.

She hoped it was something simple like an internal hemorrhoid (based on her age and the fact that she had recently given birth, the probability of a hemorrhoid was significantly higher than a cancer diagnosis) but a colonoscopy revealed a mass in her colon and a 50 percent blockage, which meant Stage IIIb colon cancer.

Colorectal cancer is referred to as any cancer of the colon, the large intestine or rectum. Most colorectal cancers start as a polyp, or growth. When discovered early, a polyp can be removed, preventing it from turning into a cancerous growth.

Even for people with a strong family history of colorectal cancer, the recommended age to begin colonoscopies is age 40. And since Rose was so young, she was six years away from having anyone recommend or suggest a colonoscopy. But Rose considers herself lucky because she actually had a visible symptom that compelled her to see a doctor.

Colon cancer is sneaky in that many times there are no recognizable symptoms, hence the nickname, "silent killer." Colon cancer may be silent, but it's a cancer with one of the highest death rates, behind lung and breast cancers. Often, by the time symptoms are obvious, the cancer is already in an advanced stage. As soon as the mass in her colon and the blockage were found during the colonoscopy, Marian McDonald, MD,

Campus, admitted Rose to remove the blockage. After a week of recovering, she started her eight months of chemotherapy/radiation to ensure any remnants of cancer were obliterated.

Chemo was strenuous but manageable; the kids and day-to-day life kept her busy and focused on the future. But normalcy was short lived. She found more blood in her stool and went back in the hospital with a lower GI bleed and another week-long hospital stay.

Again, Rose tried to get back to normal, thinking the worst was behind her. But an annual, routine CT scan revealed cancer nodules in her lung. "I felt deflated; I was so positive throughout everything up until that point," says Rose. "I was always so focused on the future and fiercely independent, but at that point, I doubted myself."

But the doctors and staff at St. Luke's were by her side when she felt that she didn't have any fight left. David By St Luke's University Andolino, MD, radiation oncologist, and his expert team Health Network including St. Luke's thoracic surgeon, William Burfeind, MD, FACS and medical oncologist, Asim Ali, MD, devised a plan to treat and ultimately rid her of what was now considered metastatic colon cancer.

With cancerous spots on both lungs, surgery was necessary to remove the affected area in her right lung and Dr. Andolino used an advanced treatment, stereotactic body radiotherapy (SBRT) to remove spots on the other lung. "SBRT is essentially very high doses of radiation to a very precise target, typically done in 3-5 treatments," explains Dr. Andolino. "It's convenient for the patient because it's quick and it's also effective because it's gets us to our goal of completely ablating the tumor."

The last round of treatment was successful. Rose still gets regular scans, blood work and colonoscopies to search for signs of recurrence, but all scans are clean thus far with no evidence of disease. But she says that she doesn't mind all the checkups; it's like visiting old friends.

"The nurses and doctors still genuinely want to know how I'm doing," explains Rose. "And that's how they treated me every step of the way - compassionate, genuine and kind, never like a number and that's a good feeling when you are essentially trusting someone with your life."

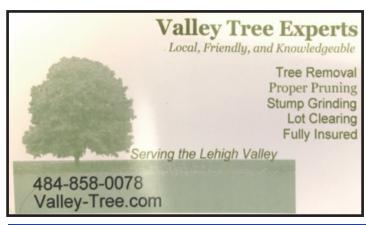
Rose says she always felt very connected to her team of doctors, including Dr. McDonald, Dr. Burfeind, Dr. Andolino and Dr. Ali. "Some of them were my age with kids the same ages as my kids - I knew that they wanted



me to get back to a 'normal' life because my normalcy is very similar to their own - they know how important it is to be a parent and take care of a family."

Today, Rose is feeling good, and doing all the things that were difficult during her cancer treatment like traveling for work as a contractor for the Army Corp of Engineers, spending time with her husband and kids who are now 11 and 8, doing Boy Scouts activities and indoor speed skating with her family.

"As evil as a cancer is, there are so many benefits," recalls Rose. "You are suddenly thrust into a world where days become a commodity and you can never have enough. I absolutely live my life bigger and sitting on the sidelines is not nearly as exciting or memorable as creating experiences."







# YOUR PRAYERS MATTER

were not about her, they were about God and other people. It is no surprise that God answered so many of her prayers.

Who do you need to pray for today?

The Bible says in I Timothy 2: 1, "I urge then...that requests, prayers, intercession and thanksgiving be made for everyone."

By Ron Ball

Go to www.choosegreatness.com



Frank was a mean drunk.

When he was not under the influence of alcohol he was a pleasant man, well liked and good to his wife and family. But when he drank, everything changed. He became violent and abusive. His wife was afraid of him. He was also a friend of my grandfather, Jerry Lafferty.

My grandfather was a strong Christian with a powerful commitment to intercessory prayer. He was popular with the men of the town and respected for his rock-like integrity. He liked Frank and would often tell him that a relationship with Jesus Christ would empower him to change. Frank would listen politely, thank my grandfather and continue in his bad habits. Many years later I encountered Frank's son. Both he and my grandfather were long gone. The son told me an extraordinary story.

He described how his father's alcohol problem caused such pain and confusion when he was a child. He added that he, his mother and sisters had almost given up hope when the father walked into their house and announced that he had surrendered his life to Christ. He asked everyone's forgiveness. He never drank alcohol again. When his wife asked him why he had finally responded spiritually he said that he could never escape Jerry Lafferty's prayers. Over the years I met more men who told me they had become Christians because my grandfather prayed for them. His prayers helped change most of the town.

My grandfather died in October, just after my first birthday. I have no conscious memory of him. My mother (his only daughter) told me that when he was dying of heart disease (as a relatively young man) he was so weak that he would sit in a chair and rock my cradle with his cane. She would stand outside the doorway and listen as he prayed for me to come to know Christ as my Savior and to be called by God to public ministry. He did the same for his only other grandchild, my cousin Jerry, who was older than me.

Many years after our grandfather died both Jerry and I came to Christ. We have both felt God's personal calling to ministry. He is an ordained United Methodist minister and I am an ordained Southern Baptist minister. All because of our grandfather's persistent prayers. I believe that the 8 million people to whom I have spoken live and the millions who have listened to my audios and read my books are an extension of my grandfather's prayers. Because the Bible says in the book of Hebrews that we are "surrounded by a great cloud of witnesses" (Hebrews 12:1) in Heaven, I believe he knows the results of those prayers.

I know that some of you reading this may not be Christians, but I want all of you to realize the world-shaking power of intercessory prayer. When I am at a speaking engagement sometimes an individual tells me that they are praying for me. Nothing excites me more. I am always grateful. A man once told me that, for many years, an unknown man, traveled to every Billy Graham crusade, and secretly positioned himself under the platform on which Graham was speaking. He prayed for Billy as he preached. He did this all over the world. I am sure that some of Graham's effectiveness came from those dedicated prayers.

I know many people who pray for others. They are not flashy or public. But God hears those prayers and sends answers everywhere. My wife Amy is one of those people. When I was a new Christian, in my teens, an elderly woman, named Mrs. Spradlin, mentored me in intercessory prayer. When she prayed, miracles happened in our community. I quickly learned that her prayers







We are Jew and Gentile worshiping and living together as a community in the richness of the Jewish heritage of our Messiah Yeshua(Jesus) while honoring God's Word, the Bible.

Shabbat Services • Saturdays 10:30 am

1555 Linwood Street
Bethlehem, PA 18017
610.504.1083
rabbimarkshulman@gmail.com
bethelgibor.org





# THINGS TO DO THIS MEMORIAL DAY

The weather has finally turned from the treacherous winter to a warm and beautiful spring, and with Memorial Day (the unofficial start to summer) right around the corner it will soon be time for summer cookouts and more.

To get you ready for the Holiday weekend here are some family fun activities to get you geared up for the summer time.

#### **MEMORIAL DAY CELEBRATION -**

#### Arts Quest Center at Steel Stacks (May 26-28)

Starting on the Friday before memorial day for the 8<sup>th</sup> year in a row Arts Quest will help honor the men and women who made the ultimate sacrifice while serving our country. The Steel Stacks campus gets transformed into a living memorial honoring our hometown heroes. This is the perfect way to kick-off the holiday and honor those who served

#### THE GREAT PENNSYLVANIA MUSIC AND ARTS CELEBRATION -

#### The Historic Allentown Fairgrounds (May 26-28)

This event is full of food, drinks, music and more. The Great Pennsylvania Music and Arts Celebration honor our veterans who have fallen and those who are still with us. This is a free event and is perfect for all ages. Also featured at this event is a commemoration of the 100<sup>th</sup> anniversary of the World War I and Camp Crane, the WW I Ambulance Corps held at the Fairgrounds back in 1917.

#### **DORNEY PARK AND WILDWATER KINGDOM -**

#### Allentown

While this Lehigh Valley gem has already opened Memorial Day weekend always signifies the true start to the amusement park season. For those of you who have been looking to scratch your thrill seeking itch, Dorney Park is a must visit. It is perfect for all ages and even if you are not into the thrill rides the food is always worth the trip. Check out their website for pricing information and park hours.

#### **EASTON MEMORIAL DAY PARADE** –

#### Easton

This historic event ran into some weather related issues last year, which means they will be ready to go twice as big this year. Always a must see, as local groups and bands celebrate our veterans in the most American way possible. A celebration like non-other, you definitely want to carve out some of your weekend and make the trip to the Easton Memorial Day parade.

#### HIT THE LINKS -

If you have been to busy with work or other obligations to escape into the wonderful world of golf then this holiday weekend is the perfect time to finally get to your favorite golf course. Check out the last issue of the Township Observer for the top five places to golf in our area. Gather up a few friends or family members and play a round or two. The next holiday weekend isn't until July!

#### **BACK-YARD BARBECUE WITH FRIENDS AND FAMILY -**

While there are plenty of amazing things to do during this holiday weekend, often times the most precious are those spent with the ones you love. Don't forget to spend time with your family this Memorial Day, whether its attending one of these events together, or simply hosting a cook out in your own backyard. Holidays are not just an extra day off of work. They are the perfect time to remember loved ones who have passed and honor the men and women who have so graciously served our country.

Whatever you do this Memorial Day weekend, remember to be safe, have fun and honor our veterans.

Ryan Chadwick Reporter



Visit Our Website And View
The Latest Digital Issues
At www.TownshipObserver.com





# Bruno Scipioni's Italian ristorante



# COME AND DINE WITH BRUNO! GREAT FAMILY ITALIAN RESTAURANT



#### **OPEN**

Monday - Friday: 11 am - 11 pm Saturday: 11 am - 11 pm Sunday: 11 am - 9 pm

610.867.9040

E: bruno@bruno-s.com

WS: www.BrunoScipioni.com

**FB:** www.facebook.com/BrunoScipionisRestaurant/

4034 Easton Ave., Bethlehem, PA 18020

## Visit Our Website And View The Latest Digital Issues At www.TownshipObserver.com





Charles G. Wolfe, DDS 5250 Freemansburg Ave. Bethlehem Township Www.TheBethlehemDDS.com

Office: 610-691-6522



We are a family owned and operated office specializing in the Lehigh Valley for over 30 years.

Gift Cards are now available for both Spa and Dental Services.

## We Feature









SPRING SPECIAL **NEW PATIENTS ONLY** 

EXAM (0105), CLEANING AND BW X-RAYS

(\$247 VALUE)

Includes initial cleaning. Does not include perio or deep scaling if needed. Exam (0150), cleaning & BW x-rays subject to insurance (if applicable) includes initial cleaning. New patients only. Pan/full mouth x-rays are not included with this coupon

Charles G. Wolfe, DDS Bethlehem · 610-691-6522 Not valid with any other offer or discount plan. New patients only. Offer expires 5-31-18

SPRING SPECIAL **NEW PATIENTS ONLY** 

**EMERGENCY EXAM** OR 2ND OPINION

(\$47 VALUE)

Subject to insurance (if applicable) emergency exam, consultation & necessary PA x-rays (0220) Does not include cleaning. New patients only. Pan/full mouth x-rays are not

Charles G. Wolfe, DDS Bethlehem · 610-691-6522

Not valid with any other offer or discount plan. New patients only. Offer expires 5-31-18



Spa 610-419-6788 Botox® / Dermal Filler / Kybella™





Micro Needlina

Custom Facials Microdermabrasion

Complimentary Skin Analysis





No appointment – No waiting. Sign up for FREE today!









DOWNLOAD THE APP AND SIGN UP FOR FREE!



When you need care, let us bring a doctor to you.

From your smartphone, tablet or computer, it's never been easier for patients to access the expertise of St. Luke's telehealth services. Get a diagnosis or a prescription from a doctor. All in one quick session. You can count on the strength of the St. Luke's University Health Network to receive the highest level of care for yourself and your family.

